Life After Death

According to Mahatma Koot Hoomi in the “Mahatma Letters to A.P. Sinnett,” our consciousness undergoes several distinct stages when we die, primarily characterized by a long period of **unconsciousness** followed by a subjective, blissful **conscious dream-state**.

Stages of Post-Mortem Consciousness

The Mahatma outlines a specific progression for the "average" individual:

- **Panoramic Life Review**: At the exact moment of death, our "dying brain" dislodges all memories, and we witness our entire past life in a few brief seconds.
- **Kama-Loka (The World of Desire)**: After the life review, we become unconscious. This state is described as an "akasic sleep" where we lose all recollection of internal and external things, lasting from days to several years.
- **Gestation Period**: An intervening period of unconsciousness follows, during which the spiritual essence of our last life is assimilated.
- **Devachan (The Blissful State)**: Our true post-mortem consciousness "awakens" only at the entrance of Devachan. This is a purely subjective, dream-like state where we re-live our earthly life's unselfish joys and aspirations, intensified a hundredfold, without any memory of sorrow or pain.

Exceptional Cases of Consciousness

Mahatma Koot Hoomi describes certain circumstances where the normal unconscious "sleep" in Kama-Loka does not occur:

- **Premature Deaths**: Victims of accidents, murder, or suicide often **retain consciousness** and memory because their natural "life-energy" has not been exhausted.
    - **Accidents**: Pure individuals may enter a sleeping state with "happy dreams" until their natural term of life ends.
    - **Suicides**: Often remain conscious and suffer intensely, regretting their actions.
- **Adepts and Initiates**: Advanced spiritual beings who have "won their immortality during life" can maintain full self-consciousness through all states of death, including Kama-Loka.

- **Materialistic Personalities**: Those who were neither good nor bad might sleep a dreamless sleep, while the "wicked" may experience a nightmare-like state where their own negative passions become real to them.

Summary Table: Consciousness States

State	Level of Consciousness	Description
Moment of Death	Conscious	A full retrospective vision of the past life.
Kama-Loka	Generally Unconscious	A period of "akasic sleep" or mental annihilation for most.
Gestation	Unconscious	A long period of assimilation before entering Devachan.
Devachan	Conscious	A vivid, blissful dream-state of personal happiness.

For more information, see the following books and webpages:

----->**Death and the Afterlife: Complete book in PDF**

During the years 1881-1883 in his letters to A.P. Sinnett and A.O. Hume, Mahatma Koot Hoomi gave a detailed account of what happens when we die. This book extracts from these letters the teachings setting forth what happens to a human being between death and rebirth.

You will read their letters on "Death and the Afterlife" in the order the letters were actually received.

Topics included: Dying and Soon After; the Death Struggle and Gestation State; the Second Death and Devachan; Reincarnation and Karma; Suicides and Accidents; the Two Egos and Immortality; Psychism; Communication with the Dead and Spiritualism; Mediumship versus Adeptship, etc.

Click HERE for ordering information if you want a physical copy of this book.

----->The Psyche (Soul or Personality) and Its Stages of Develpment After Death

—---->"When We Die" by Geoffrey Farthing

----->The After Death Glossary